

PRINCIPAUTE DE MONACO

MONDIAL du THEATRE

Festival Mondial du Théâtre Amateur
World Festival of Amateur Theatre
Festival Mundial del Teatro de Arte

Placé sous le Haut Patronage de S.A.S. le Prince Souverain

Mondial du Théâtre

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17ème édition du 17 au 22 août 2021
17th edition from 17th till 22nd August 2021
17a edición del 17° al 22° agosto de 2021

ADASTRA THEATER MENTAL EXPO

A young man in pyjamas has locked himself inside his home. Depression anxiousness, fear, and trauma block him out of the so-called normal world.

Then one day, the man gets a red letter that changes everything.

The letter drags the man into an adventure called Mental Expo, where he starts to follow the story of a young woman in a red dress. Following the woman, the man discovers the world outside his comfort zone, including crowded offices, burnouts, insomnia, loneliness, and a sad story of one family.

Experiences on Mental Expo led the man to understand his personal history, to change, and finally to recover.

Mental Expo is a story of monsters following traumatized people, but it is also a story of saying goodbye to our demons. The story is told nonverbally through dance, acrobatics, movement, and nonverbal acting.



Depuis 1957, le Festival Mondial regroupe, tous les 4 ans, les amateurs du monde entier à Monaco
Since 1957, the World Festival has brought together amateurs from all over the world, every 4 years, in Monaco
Desde 1957, el Festival Mundial agrupa, cada 4 años, a los aficionados del mundo entero en Mónaco